



UNITY CHURCH OF PORT TOWNSEND

THE SOUL'S JOURNEY

THE SOUL'S JOURNEY ~ NOVEMBER 2011

THE BLESSINGS OF GRATITUDE

"There is much more to life beyond what we can perceive. When we begin to grasp on some level how the essence of life is eternal, then we see that this physical reality is simply one way that God expresses life. We become less attached to the material things and focus more on what is true and unending." (Felicia Blanco Searcy from Do Greater Things)

GRATITUDE "The natural response to the receiving of grace" – celebrates Presence of God Remembering to Receive & Respond – gives thanks, appreciates, sees highest & best, trusts

Wayne Dyer in The Power of Intention Gratitude is "sacred space where you allow and know that a force greater than you is always at work and always available"

H. Emilie Cady in Lessons in Truth "There is something about the mental act of thanksgiving that seems to carry the human mind far beyond the region of doubt into the clear atmosphere of faith and trust where 'all things are possible' (Mt 19:26)

Myrtle Fillmore in How to Let God Help You "Heaven and earth listen and respond to the soul that is quickened into praise and thanksgiving."

Charles Fillmore in unpublished writings on The Fourth Dimension
"Those of us who have discovered that Man has been endowed by God with every good thing, find that by rejoicing, thanksgiving, and gratitude we open the door to higher things."

GRATITUDE Gratitude is the "natural response to the receiving of grace." It appreciates, gives thanks, sees highest & best, & trusts. Gratitude celebrates the gifts of God everywhere and eternally present.

BLESSING Blessing is the "act of hallowing or consecrating." It invokes, honors, enriches & uplifts. Blessing recognizes the glory of God in all of life's myriad of forms.

PRAISE Praise comes from the root word "to prize." It quickens, enlivens, nourishes & ensouls. Praise opens us to the miraculous creative power of God within.



UNITY CHURCH OF PORT TOWNSEND

THE SOUL'S JOURNEY

THE TRADITION OF THE FIVE KERNELS

The Symbolism of the Kernels

- One East and Fire Is the renewal of energy, inspiration and vision
- Two South and Earth Is the surety of the foundation/family/friends
- Three West and Water Is the faith to embrace the mystery of the unknown
- Four North and Air Is the True North Star, guiding us always
- Five Center and Ethos Is the eternal presence of Spirit that enlivens all

The Blessing of the Kernels

May the hearth be gladdened by the laughter of children, by the kinship of clan, by the wisdom of elders, by the memory of souls passing, by the joy of souls yet to be born. No word or thought to darken the day, no remembrance or sorrow to trammel the night . . . but sun, moon, and stars to brighten the gathering. Songs, smiles and stories to share their delight . . . the blessings for one and for all. And so it is.

White Eagle's Thanksgiving Prayer

We give Thee, O Great Spirit, all our heartfelt thanks for this our circle of kindred spirits, for our soul blessings, and above all for the opportunity given us to love and to serve humanity and also to serve Thy kingdom of nature. We would be channels through which the angels can touch humanity. We Thy Children praise and honour and glorify Thy holy Name by sincere true loving.

We would learn to live in brotherhood and sisterhood with all creation; to love mother earth, to love her very soul and treat her kindly; to love all creatures and overcome all cruelty and all pollution.

O Gracious Spirit, may we as a brotherhood and sisterhood of the spirit ever remember the injunction of Thy Son through Jesus the Master, to love Thee and all Thy creation. And so it is . . . Now and forever . . . Amen.