



REFLECTIONS COLUMN

December

In this universal Season of Light, we celebrate the renewal of the Inner Light of Divine Consciousness in us and in our shared world. All the world's spiritual traditions honor this time of year with rituals from Hanukkah to Diwali to Winter Solstice to Christmas. We'll be incorporating prayers from many paths as part of our CommUnity Christmas Eve Service as we unite in peace, love and harmony.

One of my favorite quotes reminds us of how important it is for each of us to hold the Light in our world not only during this time of year, but always. From Clarissa Pinkola Estes, "One of the most calming and powerful actions you can do to intervene in a stormy world is to stand up and show your soul. Soul on deck shines like gold in dark times. The light of the soul throws sparks, can send up flares, builds signal fires, causes proper matters to catch fire ~ Struggling souls catch light from other souls who are fully lit, and willing to show it. If you would help calm the tumult, this is one of the strongest things you can do."

You are meant to be soul on deck . . . you are called to shine your Light . . . the unique, irreplaceable spark of God that you are. To inspire you to embrace this rededication during this Season of Light, please receive this blessing from me and all of us at Unity . . .

Thank you for being The Light in the world. You "let there be Light" in your dedication and service. May the Divine Presence ever radiate from your soul, illumine your heart, enlighten your mind, and shine through your body temple. May you ever bless and be blessed. You are loved beyond measure. Merry Christ Mass, dear kindred spirit!